

Intuition Development and Psychical Studies

MENTORING PROGRAMME

2026

Programme Guide

Developed and facilitated by
Balazs Polyanki



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1-Comprehensive Summary

Learning Sections	To do	Time	Price
1-Introduction to Parapsychology	Listen to the five modules;	9 hrs	free
2-Basic Exam	Apply for the exam by filling the form; Access the test via the link shared in an email; Complete the Online Test;	90 mins	USD 50
3-Applying for Mentoring	Online Application (showing interest); Fill out the application and indication form by clicking on the link shared via email;	-	-
3-Indication and Contraindication Discussion	Discussing the evaluation of our application form via a Zoom session; Discussing the mentoring process; Q and A;	60 mins	USD 50
4-Mentoring (Zoom)	Booking and attending the slot for the 60-minute online (Zoom) Mentoring session where the mentee and the mentor meet and cover one of the 60 possible topics; Activating the online learning room and its contents, discussing questions and the relevant topic	60 mins	USD 50 / session
5-Online Learning	Completing the theory, e-learning, reading assignments related to the topic; Practicing the tools related to the topic; Taking notes into your learning diary; Completing an online test; Note: if needed, mentee can book a "topic-free" or extra mentoring session.	60 minutes	USD 45 / session

2-What the Program Gives You

- An official certification of completion issued by our society (full program);
- Getting to know the theoretical and practical areas of parapsychology;
- Investigating the psychical abilities via protocols;
- Developing your self-awareness via a better access to your intuitive processes;
- Online learning room with contents accessible 24/7;
- Regular practicing opportunities supervised by professionals;
- Academic sources of the topic with literature, a list of reference with a 300+ list (based on the seminar is built);
- Safe and supportive learning environment in which you can proceed with solid support from the structure by the learning materials, professional facilitation, regular practice and experience sharing;
- Community of other mentees with whom you can connect in a closed online group, establish trust and learn together during the mentoring process and even beyond it;
- A more effective functioning in social relationships and in your work due to the confidence your developed intuition provides;

3-What the Program does NOT Give You

- It cannot replace the consultation with your physician, psychologist or other professional. If you need professional help, please see the appropriate institution or practitioner instead.
- It cannot remove your life blocks, your interpersonal challenges or the barriers in functioning in the world. Its goals are educational and not therapeutical.
- It is not healing and it is not recommended to anyone in physical or mental conditions that require regular supervision. For this very reason we offer a preliminary consultation for the candidates to check all the indications and contraindications related to the participation.
- It is not giving you super power or abilities that can substitute any human or physical effort one needs to invest to achieve any goals.
- It does not want to change your philosophy, world view or beliefs. Instead, it provides you with an environment, knowledge and tools that can develop higher autonomy and consciousness helping you make more constructive decisions.

4-Indications and contraindications

Conditions for the participation:

- Openness;
- Motivation;
- Interest;
- Trust (in yourself and others);
- Sufficient time (approximately 5 hours a week);
- Being able to co-operate with others – during the pair and group exercises;
- Being able to tolerate others' different approaches and world views;
- Handling information in a confidential manner – related to other's experiences
- Healthy body functioning;
- Relatively balanced life (e.g. you are not in the middle of moving house);
- 18+ years of age;
- Learned about similar topic earlier and/or you have experience related to it.

Conditions against the participation:

- Being under medication that requires regular check with your physician;
- Cardiovascular diseases (e.g. high blood pressure, heart disease);
- Recurring physical pain (e.g. migraine);
- Disturbed life situation, crisis or intensive grief;
- Dependencies (pl. alcoholism, drugs, smoking);
- Being under psychiatric treatment (e.g. personality disorder, panic, depression, impulsiveness);
- Strong desire to heal self or others;
- Wanting to obtain super abilities – like one saw on TV;
- Under 18 years of age.

5-Prerequisites for Participation in Mentoring

- Completing the „*Introduction to Parapsychology*” free program;
- Successfully completing the basic exam (online test);
- Paying the mentoring session fee;
- Confidence in using the information and communication technology (connecting the Internet, accessing the online room, playing the videos, listening to the podcasts, communicating via email, chat, and Zoom where the person can see and hear and can be seen and heard);
- Digital learning environment where he or she occasionally can meet the Mentor to practice;
- Active participation and being able to create and hand in the two essays (full program).
- Attending the Indication Discussion Online Session (60 mins), mutually agreeing on the next steps.

6-Introduction to Parapsychology

- Free. Self-learning module;
- Available on HSPRC website (find in „Education” menu);
- Required time to complete: 9 hours;
- Platform: YouTube;
- Topics:
 - Experimental Parapsychology
 - Research Methodology of Parapsychology
 - Field Investigation
 - World of Paranormal Phenomena
 - Anomalous Experiences and Psychopathology

7-Basic Exam

- Online test;
- 50 questions;
- Multiple choice;
- After paying the exam fee, you receive the test link via email;
- After successfully completing the test, you receive your basic certification and the written summary of the whole Introduction to Parapsychology modules that contains the references as well (in PDF – currently only in Hungarian).

8-First 30 topics: CONDITIONS (Stage I.)

- Learning objectives: exploring the internal and external conditions of the reliability functioning intuition and developing, expanding it further;
- The first topic family supports these goals with 30 mentoring modules;
- This stage closes with an essay you need to write about a topic and hand it in;
- The table below summarizes the mentoring modules:

CONDITIONS		
01-The Intelligence of the Unconscious	02-Paranormal Research	03-Learning Parapsychology
04-Exploring the Extraphysical	05-Parapsyshological basic experiments	06-Parapsychological Starter Kit
07-Intuitive Receptivity	08-Intuitive Intake	09-Effortless intentionality
10-Sensitivity	11-Developing Psychical Abilities	12-Measuring Psi
13-Applied Intuition	14-Intuitive Formulas	15-Intuitive Tools
16-Varieties of Anomalous Experience	17-Aspects of Consciousness	18-Measuring the Anomalous Experience
19-Social Intuition	20-Rapport	21-Self-Extraction
22-Irrationality: Traps of Intuition	23-Psi and Social Phenomena	24-Protection
25-Being Psychically Balanced	26-Defocused Attention	27-Psychic Secret Place
28-Case Studies	29-Case Discussion	30-Artice Writing and Handling Sources
STAGE EXPECTATION: handing in an essay („article”) related to a topic		

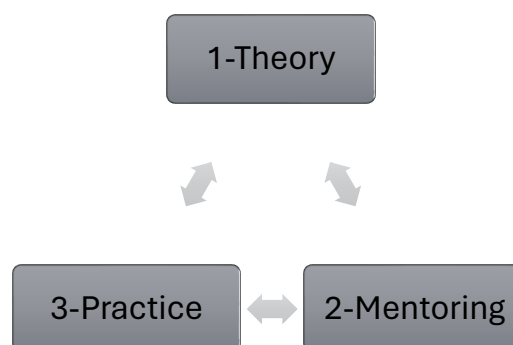
9-Second 30 topics: APPLICATIONS (Stage II.)

- Learning objectives: exploring the psychical functioning and the related phenomena, experimenting with research tools and implementing them into practice;
- The second topic family supports these goals with 30 mentoring modules;
- The stage closes with an essay you need to write about a topic and hand it in as well as an online final test you need to successfully complete;
- The table below summarizes the mentoring modules:

APPLICATIONS		
31-ESP	32-Clairvoyance	33-Testing Psi
34-Remote Viewing	35-RV Methodology	36-The Outraining Protocol
37-Telepathy	38-Ganzfeld	39-Measuring Technology and Tool Studies
40-Precognition	41-Case Studies	42-Anomalous experiences and mental wellbeing
43-Psychokinesis	44-PK in the lab	45-Applied Psychopathology and referring
46-Transpersonal healing	47-RSPK (Poltergeist)	48-Perceptual Distortions
49-Survival Hypothesis	50-Mediumship	51-Apparition Experiences
52-Expanded Consciousness	53-Lucid Dreaming	54-Anomalous Sleep Experiences
55-Out of Body Experiences	56-Creative Consciousness	57-Noncorporeal Agents
58-Paranormal Investigation and Client Management	59-Filed Works	60-Parapsychological Field Investigation
STAGE EXPECTATION: handing in an essay („article”) related to a topic and completing the final test		

10-Learning Cycle

- Completing the theoretical parts prior to the session, at home, at own pace;
- Online Mentoring session (Zoom), in booked slots (recommended frequency: bi-weekly);
- Lab and fieldwork with individual, pair and group exercises (based on agreements).



11-Space and Time of Mentoring

- The learning cycle of Mentoring has three steps;
- The theoretical parts can be absolved anytime, anywhere in your own time. The materials are accessible via your online learning room so you will need Internet connection. Ideally, you complete them before you attend the Mentoring session;
- The online mentoring sessions take place via Zoom (recommended frequency: bi-weekly);
- The individual, pair and group lab exercises can be completed online based on the agreement among the participants;
- The 2 (optional) field works are part of the learning journey as well. The first one is a remote viewing exercise and the second one is a field investigation supervised by the seminar facilitators, in Budapest (full program);

12-Materials

- Each participant gets access to an online learning *Room* that is housed by our website;
- The *Room* is password protected. You get your password via email;
- The learning materials (videos, documents, protocols, EVP recordings, investigation samples, practical guides, tests, check lists, interviews, psycho,etric tools and summaries) are accessible through the *Room*;
- The *Room* is accessible for 2 years;
- The *Room* is accessible from your smart phone, tablet, laptop or PC. This means that even when doing field investigations, you can take the materials with you “in your pocket”.

13-The Mentor

The program is put together and facilitated by the founder and lead researcher of HSPRC, and editor-in-chief of JHSPRC, Balazs Polyanki.

14-Prices

- *Basic Exam fee: USD 50*
- The fee includes the exam and the „Introduction to Parapsychology” online course electronic material you will receive via email in PDF format.

The fee includes the exam and the „Introduction to Parapsychology” online course electronic material you will receive via email in PDF format plus the application for the full program. This includes a filling of an online indication and contraindication form followed by a discussion about its results and the next steps.

- *Indication Session Fee: USD 50 / 60 minutes;*
- *Mentoring Session Fee: USD 50 / 60 minutes;*
- You will receive your electronic receipt via email after the payment;
- The mentoring process can be started only after the „*Indication and Contraindication Discussion*”. It may happen that we find that due to your health conditions the participation would be risky so we may arrive to the mutual decision that you may join another time in the future.
- No VAT.

15-Registration

- You can register for the basic exam at any time as this is a stand alone learning module that can be absolved without participating in the seminar;
- No seat limit;
- Use the link below to register for the basic exam (only in Hungarian right now):

[JELENTKEZÉS ONLINE ALAPFOKÚ VIZSGÁRA](#)

- Use this link to register for Mentoring (materials currently only in Hungarian):

[JELENTKEZÉS MENTORINGRA](#)

- The registration means that you show your interest;
- After the registration, you will receive a link that takes you to the actual *Application and Indication Form* you can fill out;
- After this you will be invited for a 60-minute online (Zoom) discussion, its date and time is discussed and aligned with you;

16-Contact Information

Email: hsprc@hsprc.org

Phone: +36 70 978 3618

Web: www.hsprc.org



Keep questing!
Folytasd a keresést!